

Hello Student-Athletes,

In professional sports (which is entertainment), there is only one goal– to have the most points at the end of a contest. However, in youth sports (which is education), there is a second goal– to produce young people who will be winners in life. To help our children get the most out of competitive sports, we need to redefine what it means to be a “winner.”

Winners are people who:

- Make maximum effort
- Continue to learn and improve
- Refuse to let mistakes (or fear of making mistakes) stop them.

In the Friends Academy Athletic program coaches emphasize the personal philosophy of **E.L.M.**, and the team concept of **R.O.O.T.S.:**

- **Effort**
- **Learning & rebounding from**
- **Mistakes.**

- **Rules:** We don't bend the rules to win.
- **Opponents:** A worthy opponent is a **gift** that forces us to play to our highest potential.
- **Officials:** We treat officials with respect even when we disagree.
- **Teammates:** We never do anything that would embarrass our team on or off the field/track.
- **Self:** We live up to our own standards regardless of what others do.

When a student is involved in our athletics program we want to provide them with a positive experience; helping them learn more about themselves through healthy competition, while forming bonds with classmates on and off of the playing field. I look forward to a new year of impacting the lives of youth through sport.

By signing this form, you understand and agree to the shared goals we have for youth sports at Friends Academy.

Student Signature: _____

Sincerely,

Michael Williams
Athletic Director
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